# LABOUR OF LOVE PRODUCTIONS PRESENTS

"AM I HAPPY?" 我快乐吗?

# 

ALL THINGS ARE CONNECTED 万象联于一念

崔子秋 作品 A CUI AUTUMN ZIQIU FILM





#### OVERVIEW

**Genre:** Documentary Feature

**Running Time:** 121minutes

Director/Writer/Narrator: CUI Autumn Ziqiu

Year of Production: 2023 Country of Origin: China

**Format:** 4k, 16/9, 24fps, Stereo

Languages: English, Chinese, Tibetan

**Subtitles:** English, Chinese (optional)

Film Locations: China, United Kingdom

**Contact:** Labour of Love Productions

Allen Alulim E-mail: etherealechoes2023@gmail.com

#### Links:

Website: https://www.labourofloveproductions.com/etherealechoes

Trailer: https://vimeo.com/753242002

WeChat Platfrom:



#### LOGLINE

A young filmmaker returns to capture Tibet three times over three years and along the way experiences a paradigm shift in her values and beliefs.

#### SHORT SYNOPSIS

A young Chinese filmmaker Autumn sets out on a trip with an idea for a short documentary on education that takes her from London to Tibet, alone. Filming her friend Qian, who was a volunteer teacher in Lhasa, then staying at a Tibetan student, Tsezin's home deep in the Tibetan grasslands far from the conveniences of the city life she'd always known. Autumn began learning how to simply survive in an alien world at 4500 meters (15,000 ft.) - the hazardous lack of oxygen, the sudden and potentially deadly turns of weather, this mixed with Tsezin's unexpected exam results and her own complicated emotions triggered by cultural differences and physical discomfort...

Unexpected events along the way cause an overhaul of the meanings behind the values and beliefs that echo within her. She embraced a sense of peace and joy that came along with the discovery of the harsh but gentle simplicity of the grasslands and the sincerity of human relationships.

#### **FULL SYNOPSIS**

"What can filmmakers do for kids with little to no access to schools or teachers?" This question, asked in a London film workshop, inspired CUI Autumn Ziqiu to film a volunteer teacher and her students in a Lhasa High School. There, Autumn met Tsezin, a bright, generous, hardworking student who expressed a desire to attend a modern college. With a degree in anthropology, Autumn was fascinated to learn that Tsezin's family was still living a traditional, time-honored agrarian life herding yaks. It aroused her curiosity to know more about local families living in the Tibetan Plateau's remote grasslands.

She volunteered to assist Tsezin with her college application and stayed in the girl's family home deep in the Tibetan grasslands far from the conveniences of the city life she'd always known. Autumn struggles with daily life at 4500 meters (15,000 ft.) - the hazardous lack of oxygen, the sudden and potentially deadly turns of weather, this mixed with Tsezin's unexpected exam results and Autumn's own complicated emotions triggered by cultural differences and physical discomfort. She was learning how to simply survive in an almost alien world.

Immersed in this lifestyle and her exposure to the obstacles local students face in their pursuit of a modern education led her to reconsider the concept of education. Witnessing the inevitable changes taking place in Tibet, she felt it was important to reevaluate traditional life before it was lost to the modern world. Establishing harmonious relationships with multiple beliefs confirmed her attitude on how to deal with the differences between cultures. Observing how kids acknowledge things and encouraging them to express the world they see reminded her of a question that haunted her in a Jean Rouch film, "Are you happy?"

Following the firm sound she heard within, she embraced a sense of peace and joy that came along with the discovery of the harsh but gentle simplicity of the grasslands and the sincerity of human relationships. As she watched things unfold naturally, she saw how all things are connected.how all things are connected.





#### **DIRECTOR'S STATEMENT**

I had no detailed plan when I started shooting in Tibet in 2019. For me, it was a chance that came about at an opportune time with a rare opportunity to film an attractive culture in an interesting place.

I simply felt I had to go.

I went back to shoot again over the next two years. Then spent the following year editing the footage and writing a script.

This film started with my personal questions about education and my passion for filmmaking. With more shooting and editing, it grew into a larger concept that connects things I observe and emotions I feel. It let me see clearly how profoundly all my experiences connected what I think and what I do.

To make this film, I needed to constantly balance the nuances within the cultures, represented by three languages, Chinese, English and Tibetan. It was a huge challenge to me; in the end it turned out to be a beautiful experience.

I'd like to share this film with people of various backgrounds in the hope it will bring about conversations that will lead to deeper communication.



#### CREW'S BIO



CUI AUTUMN ZIQIU (DIRECTOR, WRITER, PRODUCER, DP & EDITOR)

Born 1996 in Kunming, Yunnan, China. A documentary film director, editor, cinematographer, and experimental filmmaker.

BSc in Ethnology, from Minzu University of China. MA in Documentary by Practice from Royal Holloway, University of London.

Her work experiments with visual presentations exploring such topics as education, ancient and ethnic cultures, and cross-subjects.

#### FILMOGRAPHY

2023 **Ethereal Echoes**, documentary feature, China, UK. Director, Writer, Editor, Cinematographer

2021 **Come What May**, documentary feature, China. Editor

2019 *Filters*, short experimental film, UK. Director, Cinematographer, Editor

2018 **Who is Mark**, short documentary, UK Director, Cinematographer, Editor

2016 **Above the Clouds**, VR shorts, China. Director, Cinematographer, Editor

#### AWARD

Above the Clouds bronze, VR Image Exhibition, Beijing Film Academy

#### LINKS

Website: www.autumnziqiucui.com Email: cuiautumnziqiu@gmail.com

Ins: CuiAutumnZigiu

#### **PRODUCERS**

CUI AUTUMN ZIQIU, 1996 PRC. 3329ady@gmail.com DAVID P BUCKLEY, 1942 USA. 3329ady@gmail.com

#### CAST

#### QIAN JINGXUAN [VOLUNTEER TEACHER]

Born 1996 in Sichuan province, China. She graduated from Minzu University of China, holds BA and MA in Minority Language and Literature. She was a volunteer teacher in a High School in Lhasa between July 2018 and July 2019.



#### SONAM TSEZIN [TIBETAN GIRL]

Born 2000 in Nagqu, Tibet, China, presently, studying at a university in Hunan Province, China.



#### DAWA TSRING [BOY IN RED]

Born 2018 in Nagqu, Tibet, China. Sonam Tsezin's eldest sister's youngest son.



#### NYIMA CHODRON [KINDERGARTEN GIRL]

Born 2015 in Nagqu, Tibet, China. Sonam Tsezin's second brother's third kid.



#### CHAUNGABAU [HIGH SCHOOL STUDENT RAPPER]

Born 2000 in Amdo, Tibet, China.



导演 | 摄影 | 剪辑 崔子秋 写 作 崔子秋 制片人崔子秋 联合制片人 杨 玥 摄影助理 钱婧萱

巴德伟 巴德伟 钱婧萱 索朗次增 琼布 पर्सिन्'वस्ता कें'यहेव। कुन्'त्रा

原创作曲崇 混 音瑞 文 调色监督 Junior Kat 动 画 李秋花

翻译 中文-英文杨 玥 藏语 - 中文 琼 布 中文-藏文扎西顿珠

侯秋阳

索朗次增

चगुः विषः द्वः ग्रुच।

पर्सिं प्रस्था के प्रहें वा

对 巴德伟

次仁罗布 永忠拉杰 玥

> क्रेंन्द्र-व्य यलट.टट.रॅं.क्र.क्र

Director/Cinematographer/Editor CUI Autumn Ziqiu

Writers CUI Autumn Ziqiu David Buckley Producers CUI Autumn Ziqiu David Buckley Co-Producers YANG Yue **QIAN Jingxuan** Sonam Tsezin

Second Unit Camera QIAN Jingxuan Chaungabau

Orginal Music Composor Zacu Sound Mixing Jason Cuzac Color Supervisor Junior Kat **Animation LI Dandelion** 

**Translator** 

Chinese – English YANG Yue HOU Qiuyang

Tibetan – Chinese Chaungabau

Chinese – Tibetan Tashi Thondup Proof reading David Buckley

Sonam Tsezin YANG Yue

Tsring Norbu Yungdrung Lhage

QIAN Jingxuan		Volunteer Teacher		支教老师		钱婧萱		ವರ್ಷ-೧೯೩೩
Sonam Tsezin		Tibetan Girl		西藏女孩		索朗次增		ন্ধী মূল্ল সংস্থা প্ৰীকৃ।
Dawa Tsring		Eldest Sister's son		大姐小儿子		达瓦次仁		夏1中1巻1号=11
Nyima Chodron		Second Brother's Daughter	• • • •	二哥三女儿		尼玛曲珍		উপন'#ভ'ছুদ্∤
Chaungabau		Student Rapper		唱饶舌学生		琼 布		유= '당'
Tsring Chotso		Student Interviewee		被采访学生		次仁曲措		음(목학(급학(청음)
Pema Zomge		Student Interviewee		被采访学生		白马宗吉		요무 제 이름하게 쫓다.
Sonam Thondup		Student Singer		唱歌学生		索朗顿珠		무취두(주의왕(주후(광국)
Champa Choge		Student Broadcaster		朗诵学生		强巴曲杰		광 <sup>용교(교(표</sup> 교(종교)
Pasang Samdrup		Student Singer		唱歌学生		巴桑桑珠		학교 교육 하는 학교 기계
Samten		Student Singer		唱歌学生		桑旦		संबद्ध (प्रदेश)
Gur Yang		Tsezin's Father		次增父亲		古 央		25=17572N
Sampe Norbu		Tsezin's Second Brother		次增二哥		桑白罗布		বৰলা এই ৪০ই মৃণ্ডু :
Yu Dro		Second Sister-in-law		二嫂		玉 卓		ମଖ ହିଁ ଜା
Tsring Sonam		Second Brother's Daughter		二哥大女儿		次仁索南		क्षेत्रदेशमधीम् द्वा <u>श्</u> रस
Nyima Thondup		Second Brother's Son		二哥大儿子		尼玛顿珠		्रेश्वरदक्षश्चन। विकासकाञ्चन।
Lhapa Droma		Second Brother's Daughter		二哥三女儿		拉巴卓玛		केवासा <b>व</b> ्यास
Udrup Dorge		Second Brother's Son		二哥二儿子		欧珠多吉		प्रवस्थात्म (दे)
Tsring Dakpa		Second Brother's Son		二哥三儿子		次仁扎巴		है। दे पार्यक्रमा
Ciwan Lhamo		Neighbor		邻居		次旺拉姆		क्रान्वदाद्वात्रः।
Sithar Lhamo		Neighbor's daughter	4.25	邻居大女儿		色塔拉姆		विकासकाम् अस्यान्यसम्बद्धाः
Sonam Wangmo		Neighbor's daughter		邻居小女儿		索南旺姆		मकेमाञ्चलकाकुः जी
Citen Droma		Tsezin's Eldest Sister		次增大姐		次丹卓玛		R'men'En'el
Rinchen Namgyal		Eldest Brother-in-law		大姐夫		乍青朗加		चेकाकेका <b>च्</b> याज्ञासः
Karma Tromo		Eldest Sister's Daughter		大姐大女儿		嘎玛措姆		有妻(お童(夏)
Tashi Nyima		Eldest Sister's Son		大姐大儿子		扎西尼玛	100	च <u>च विश्वा</u> तिश
Nyima Tsring		Eldest Sister's Son		大姐二儿子		尼玛次仁		<b>別は、第、音、音音・・</b>
Rolgya		Neighbor		邻居爸爸	100	罗加		5×5×
Wang Due		Neighbor's Son	7.	邻居儿子		旺 堆		दव= <b>ः</b> वहुशः
Tenzin Gonpo		Muscle Prince		肌肉王子		丹增贡布		वस्रावदेद् वर्षश्यः।
Samten Chosang		Prince's Mother		王子妈妈		桑旦曲桑		चवका <b>णजुजा</b> क्षेत्राचळणा
Dawa Tenzin		Prince's Uncle		王子舅舅		达瓦丹增		हारावद्यदावदेव।
Lobsang Thondup	4	Prince's Uncle		王子舅舅		落桑顿珠		[[[** 구시(집하(감사)
Chu Gyal		Prince's Grandfather		王子爷爷		秋 敢		জনগুন
Tsewan Thondup		Neighbor		男邻居		次旺顿珠		क्षेत्रसम्बन्धन।
Droma Samten		Neighbor		女邻居		卓玛桑旦		<u> हिंदाशामश्रद्धानुहर</u>
Lhapa Droge		Neighbor's Daughter		邻居女孩		拉巴卓吉		पुराभाह्याह्नेहर
Tsring Thondup		Neighbor's Son		邻居男孩		次仁顿珠	.,.	क्षेप्टेन प्रशासन।
Dawa Namdrup	2.1	Horse leading boy		牵马男孩		达瓦朗珠		ह्रामान क्या है का
Pema Yeshe		Horse riding boy		骑马男孩		白马益西		વક અધ્યાવ્યાનું સ

## LOCATION STILLS





### PRODUCTION STILLS















## STILLS FROM THE FILM

























#### **REVIEWS** (EXTRACTED FROM PRIVATE SCREENING COMMENTS)

It was a joy to watch. Time well spent… absolutely gorgeous.

A.E.(Teacher)

It 's naive and sophisticated

LioraYahalom (Artist)

It is suitable to watch this film a few times, it does bring me different feelings. It is rare to find a film that inspires people to think more in-depth questions that we want to discuss.

YX (Documentary director, photographer)

Most education we receive is based on mature and systematic methodologies, the people in Tibet may have more knowledge derived from their daily lives passed on for many generations. This film reminds us that this is also an important education.

K.A.(Teacher)

Before the screening, I thought this was a film that was going to "teach us the truth" about Tibet. Then I found out it was not. You got me when I found it to be a story with a lot of intriguing points hidden in it. I can strongly feel that people in your film are such real living beings, they are real people. (This is not the result of my thinking; this is what I actually feel).

LYW (Graphic Designer)

...the kids in this film are so natural... so special...

J(Vintage shop owner)

I want to see more of your films. The way you tell a story brings peace to my heart. I wondered at first how you could stay alone so long in the mountains, I was impressed with the way you integrated yourself into this life...

KZ (Video Editor)

In your film you mentioned your camera couldn't capture the overwhelming emotions that flooded your being, and so it was with the emotions your film released in me.

YQH (Furniture Saleswoman)

I couldn't get enough of the rodeo footage; you made me feel that I was there...

GZ (Anthropology Student)

···Towards the end of the film, your introspective thoughts melted me, love it. Especially when you said "···learning other cultures doesn' t require making a decision to get rid of one for another···"

BB (Dancer)



"AM I HAPPY?"

# 

PEACEFUL REFLECTIONS OF A VOICE WITHIN

催子秋 作品
A CUI AUTUMN ZIQIU FILM
ஞிப்கில்பட்ட

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